

October Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Beef Stroganoff Carrots Fruit Cocktail AM Snack- Cheez Its PM Snack- Pretzels	2 Chicken Noodle Soup Turkey Sandwich Fresh Fruit AM Snack-Cookies PM Snack-Goldfish
5 Pancakes Sausage Applesauce AM Snack- Veggie Sticks PM Snack- Cheese & Crackers	6 Baked Spaghetti Green Beans Peaches AM Snack-Trail Mix PM Snack- Vanilla Wafers	7 Chicken & Rice Glazed Carrots Pears AM Snack-Raisins PM Snack- Wheat Thins	8 Pizza Burgers Corn Pineapple AM Snack- Animal Crackers PM Snack-Pretzels	9 ABC Soup Deli Sandwich Fresh Fruit AM Snack-Goldfish PM Snack- String Cheese
12 CMCCC CLOSED STAFF DEVELOPMENT DAY	13 Mostaccioli Green Beans Pears AM Snack- Cheez Its PM Snack- Vanilla Wafers	14 Chicken Nuggets Tater Tots Fresh Fruit AM Snack- Wheat Thins PM Snack-Trail Mix	15 Cheeseburger Casserole Carrots Mixed Fruit AM Snack-Cookies PM Snack-Goldfish	16 Bean & Rice Bowl Corn Applesauce AM Snack-Raisins PM Snack- Pretzels
19 Mac & Cheese Broccoli Pineapple AM Snack- Veggie Sticks PM Snack-Fresh Fruit	20 Fish Sticks French Fries Bananas AM Snack- String Cheese PM Snack-Wheat Thin	21 Sloppy Joe Corn Peaches AM Snack-Pretzels PM Snack-Grahams	22 Chicken Tetrizzini Green Beans Applesauce AM Snack-Cookies PM Snack- Animal Crackers	23 Cheese Quesadilla Carrots Pears AM Snack-Goldfish PM Snack- String Cheese
26 Ravioli Green Beans Pears AM Snack-Trail Mix PM Snack- Veggie Sticks	27 Vegetable Lasagna Corn Pineapple AM Snack-Grahams PM Snack-Hi-Ho's	28 Grilled Cheese Tomato Soup Fresh Fruit AM Snack- Vanilla Wafers PM Snack- Pumpkin Muffins	29 Pizza Fresh Veggies Mixed Fruit AM Snack- Pretzels PM Snack- Cookies	30 Hot Dogs French Fries Fresh Fruit AM Snack- Trail Mix PM Snack- Pudding